



In-Home Tech Visits

Get important screening tests right from your home, at **no cost!**

We want to make it easy for you to stay on top of your health. That's why we offer these in-home visits to Devoted Health members at no cost — including some advanced screening tests where you'd usually need to go to a specialist.

These tests help us catch any health problems early, when they're easier to treat!

What happens at an in-home visit?

We send a specially-trained healthcare technician to your home — or another location you choose — to do important screening tests. The whole visit usually takes about 45 minutes.

What tests will you do?

It depends on your health history and your risk for different conditions — so you may not qualify to get every screening test. See the back of this sheet for a list of all the tests that our technicians may do.

How will I get the results?

We'll schedule a follow-up video visit with a Devoted Medical doctor or nurse practitioner to go over your results. We'll also share everything with your primary care provider (PCP) to make sure everyone is on the same page!

Questions?

If you have questions, or if you're ready to schedule your visit, give us a call at **1-888-802-2738** (TTY 711). We're here Monday to Friday, 9am to 5pm.

In-home screening tests

You may not qualify for all these tests, depending on your health history and your risk. If you have questions about a specific test, call us at **1-888-802-2738** (TTY 711).

Blood flow test (QuantaFlo) to check for peripheral artery disease, which causes problems with blood flow in your arms and legs. The technician will put sensors on your fingers and toes for about 15 seconds.

Breathing test (spirometry) to check for chronic obstructive pulmonary disease (COPD). To do the test, you'll blow into a handheld device.

Nerve damage test (monofilament & vibration testing) to check your feet for nerve problems, which are more common in people with diabetes. The technician will poke the bottom of your feet with a small, pointed tool to check for feeling (sensation).

Retinopathy eye exam to check for a type of eye problem that's most common in people with diabetes. First, you'll sit in the dark for 5 minutes to naturally dilate your eyes. Then the technician will use a special camera to take a picture of the back of each eye.

Blood tests to check your blood sugar and how your kidneys are working. The technician will take a small amount of blood from a vein, usually in your arm.

Urine test to check for damage to your kidneys. The technician will give you a cup so you can collect a urine (pee) sample on your own.

Colorectal cancer screening to check for signs of colorectal cancer. The technician will give you a kit so you can collect a stool (poop) sample on your own.

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