

## Have high blood pressure? We can help.

Here are 5 reasons to say YES to our Hypertension Clinic.

- You get a whole team devoted to YOUR goals.

  We'll pair you with a pharmacist, a nurse practitioner, and a clinical guide who will get to know you and offer the extra support that's right for you.
- 2 You get advice that's tailored just for you.

  You and your team will make a custom plan for medications, checking your blood pressure regularly, choosing foods that help lower blood pressure, and more!
- 3 You pay \$0.

  And if you need a home blood pressure cuff, we'll send you one at no cost.
- 4 It's convenient.

  The whole clinic is virtual, with 1-on-1 phone calls that we plan around your schedule.
- In 2022, over half of members in the clinic got to their goal blood pressure and lowered their risk of heart attack and stroke in just 6 weeks.

Schedule your first visit today
Call 1-888-802-2738 (TTY 711)

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