



Have high blood pressure? We can help.

Here are 5 reasons to say YES to our Hypertension Clinic.

1 You get a whole team devoted to YOUR goals.

We'll pair you with a pharmacist, a nurse practitioner, and a clinical guide who will get to know you and offer the extra support that's right for you.

2 You get advice that's tailored just for you.

You and your team will make a custom plan for medications, checking your blood pressure regularly, choosing foods that help lower blood pressure, and more!

3 You pay \$0.

And if you need a home blood pressure cuff, we'll send you one at no cost.

4 It's convenient.

The whole clinic is virtual, with 1-on-1 phone calls that we plan around your schedule.

5 It works!

In 2022, over half of members in the clinic got to their goal blood pressure and lowered their risk of heart attack and stroke — in just 6 weeks.

Schedule your first visit today

Call **1-888-802-2738** (TTY 711)